

PEER GRIEF ALLY PROGRAM



A Peer Grief Ally is a trained volunteer who has lost a loved one to substance use and also has experience as a member of Learn To Cope. The Ally's role is to support you in the immediate aftermath of your loss and to connect you with grief support resources in your community.

The program is a part of the SADOD project (Support After a Death by Overdose).

If you would like to explore meeting with a Peer Grief Ally, please contact LTC's consultant for peer grief support, Franklin Cook, to learn more about the program.

Email: franklin@sadod.org

Phone: 857-760-0310



An Ally's Skill Is Compassion

Whether they meet with a person once, several times or more, they do all they can do to be as helpful as they can be.

An Ally's Job Is To Listen

They know that everyone's grief is different, and they help people find their own way through grief.



Allies Are Trained In Basic Grief Support

They are everyday people who have lost a loved one. They are not clinicians.

Allies Are There For You

An Ally's presence and support helps you know that you are not alone.



We are deeply grateful to Learn To Cope staff, facilitators, and families for their support in developing SADOD programs for people bereaved by a death from substance use.

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